## 2.1 Body Systems

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The 4 levels of organization within the human body are:

cells -> tissues -> organs -> organ system

An organ system has I or more organs that perform specific body functions.

Tissues: The foundation of Body systems

(Table 2.1)

Tissues: a group of cells that have the same structure and function → 4 types:

1. Muscle: assist in body movement

2 Nervous: transfers signals to and from brain 3. Connective: holds together and supports other tissues

4. Epithelial: covers the surface of the body

Systems of the human Body: 11 systems total

- 1. Circulatory -> transports blood, nutrients, gass, and wastes
- 2. Digestive -> breaks down food and absorbs the nutrients
- 3. Respiratory -> exchanges of gases in lungs and
- 4. Nurvous → detects changes in the environment and signals the body to respond
- 5. Muscular -> muscles work with bones to move parts of the body